

# NPC 2012 NORTHERN KY BODYBUILDING BIKINI and FIGURE CHAMPIONSHIP

A National Qualifying Event (NPC Sanction # 10804)



**DATE:** Saturday, March 24, 2012 – Prejudging: 10:00 a.m. – Evening Finals: 6:00 p.m. **SHARP!**

**LOCATION:** NORTHERN KENTUCKY CONVENTION CENTER, 1 West RiverCenter Blvd, Covington, KY 41011

**LODGING:** Hampton Inn Riverfront: 200 Crescent Ave, Covington, KY 41011; Phone: 859-581-7800. Make reservations directly with the hotel. Special Contest rate available if booked by March 2 (or while NKY block of rooms lasts).

**MANDATORY CHECK-IN / WEIGH-IN / HEIGHT CHECK for ALL competitors Friday, March 23, at Hampton Inn.**

- ◆ TEENAGE AND NOVICE BODYBUILDING – 6:00 PM
- ◆ MASTERS AND MENS BODYBUILDING – 6:30 PM
- ◆ MENS & WOMENS PHYSIQUE – 7:00 PM
- ◆ WOMENS BODYBUILDING – 7:15 PM
- ◆ MASTERS AND OPEN FIGURE – 7:30 PM
- ◆ MASTERS AND OPEN BIKINI – 8:00 PM

**FINAL CHECK-IN / WEIGH-IN / HEIGHT CHECK 8:30 p.m. Friday, March 23 for all divisions**

- You must register by Monday, March 19, 2012. **NO LATE ENTRIES** will be accepted at check-in.
- **ALL ATHLETES MUST CHECK-IN ON FRIDAY EVENING.** There will be no late weigh-in on Saturday morning.

**ATHLETE BRIEFING:** Saturday, March 24, 9:15 a.m.

**ELIGIBILITY:** This contest is open to all NPC registered athletes who meet the following requirements:

- Possess a current 2012 NPC card (unregistered athletes may purchase cards for \$100 at check-in).
- Crossovers are permitted from Teen, Novice, or Masters BB to Open Mens; from Masters Figure to Open Figure; and from Masters Bikini to Open Bikini. (Crossovers must complete a separate entry and include an additional **\$50.00** entry fee.)
- Crossovers are not permitted from Physique to Bodybuilding, nor from Teen or Masters BB to Novice BB.

## COMPETITION DIVISIONS:

- **OPEN MENS BB:** 7 classes and an overall. BW – up to 143 ¼, LW over 143 ¼ to 154 ¼, WW over 154 ¼ to 165 ¼, MW – over 165 ¼ to 176 ¼, LHW over 176 ¼ to 198 ¼, HW – over 198 ¼ to 225¼, SHW – over 225 ¼
- **NOVICE MEN:** 3 classes and an overall. NOVICE competitors are eligible if they have never won 1<sup>st</sup> in their class in an NPC sanctioned open, novice or masters division. LW – up to 165 ¼, MW over 165 ¼ to 187 ¼, HW – over 187 ¼
- **TEENAGE:** 1 class, 5 places. Contestants may not have reached their 20<sup>th</sup> birthday by the day of the show.
- **MASTERS MEN OVER 40:** 1 class, 5 places.
- **MASTERS MEN OVER 50:** 1 class, 5 places.
- **MASTERS MEN OVER 60:** 1 class, 5 places. Contestants must have reached their 60<sup>th</sup> birthday by the day of the show.
- **WOMENS BODYBUILDING:** 2 classes and an overall. LW – up to 125, HW – over 125
- **MENS PHYSIQUE:** 1 class, 5 places.
- **WOMENS PHYSIQUE:** 1 class, 5 places.
- **OPEN FIGURE:** 4 classes and an overall. Class A – up to 5'2, Class B – up to 5'4, Class C – up to 5'6, Class D – over 5'6.
- **MASTERS FIGURE OVER 35:** 1 class, 5 places. Women who have reached 35 years of age by the day of the show.
- **MASTERS FIGURE OVER 45:** 1 class, 5 places. Women who have reached 45 years of age by the day of the show.
- **OPEN BIKINI:** 4 classes and an overall. Class A – up to 5'2, Class B – up to 5'4, Class C – up to 5'6, Class D – over 5'6.
- **MASTERS BIKINI OVER 35:** 1 class, 5 places. Women who have reached 35 years of age by the day of the show.

**AWARDS:** Trophies will be presented to athletes 1<sup>st</sup> through 5<sup>th</sup> place in each weight group or class.

**POSING LIMIT:** Evening posing routines are limited to 60 seconds.

**MUSIC:** Bodybuilders must supply their own music – no more than 60 seconds – CD's only. Each CD must contain only one track, must be pre-set and bear the contestant's name. CDs will be collected at Friday evening check-in.

**NO VULGAR MUSIC IS PERMITTED OR THE COMPETITOR WILL BE DISQUALIFIED!**

**ENTRY FEE:** Make check or money order for **\$50.00** payable to Sandy Riedinger. (Crossovers complete a separate entry and include an additional **\$50.00**.) Mail Entry Form and Payment to: Sandy Riedinger, 1768 Industrial Road, Cold Spring, KY 41076.

**DEADLINE:** All entries must be received on or before Monday, March 19, 2012. **NO LATE ENTRIES.**

**TICKETS: 6:00 PM FINALS: \$25.00;** call 1-800-781-3475 to purchase \$25 preferred seating in advance.

**10:00 AM PREJUDGING:** \$10.00 tickets sold at the door only, starting at 9:00 on the morning of the show.

**CONTACT:** Call (800) 781-3475, fax (859) 781-7590, e-mail [bevnut@aol.com](mailto:bevnut@aol.com), or on the internet [www.bevnut.com/nky](http://www.bevnut.com/nky)

**NPC**  
**OFFICIAL ENTRY FORM**  
**2012 NPC NORTHERN KENTUCKY**  
(NPC sanction number 10804)

Return Entry Form and fees (\$50) Payable to Sandy Riedinger 1768 Industrial Rd., Cold Spring, KY 41076.

**ALL ENTRIES MUST BE RECEIVED BY MONDAY, MARCH 19, 2012.**

Name: \_\_\_\_\_ Phone No. (\_\_\_\_) \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Age: \_\_\_\_\_ Height: \_\_\_\_\_ Expected Weight: \_\_\_\_\_ Email: \_\_\_\_\_

**Please check the one division you intend to compete in. (Check one division only –crossovers please complete a 2<sup>nd</sup> entry form.)**

\_\_\_ MENS OPEN    \_\_\_ TEENAGE    \_\_\_ MENS NOVICE    \_\_\_ MENS MASTERS (40+)    \_\_\_ MENS MASTERS (50+)  
\_\_\_ MENS MASTERS (60+)    \_\_\_ MENS PHYSIQUE    \_\_\_ WOMENS PHYSIQUE    \_\_\_ WOMENS BODYBUILDING  
\_\_\_ OPEN FIGURE    \_\_\_ FIGURE 35+    \_\_\_ FIGURE 45+    \_\_\_ OPEN BIKINI    \_\_\_ BIKINI 35+

**\*\*\*ALL ENTRIES MUST BE RECEIVED BY MONDAY, MARCH 19, 2012\*\*\***

Enclosed check or Money Order for \$50 (crossovers \$100) make checks payable to Sandy Riedinger

In consideration of you accepting this entry, I hereby, intending to be legally bound for myself, my heirs, executors or administrators, waive and release all rights and claims for damages I may have against Beverly International, Roger and Sandy Riedinger, Northern Kentucky Convention Center, the National Physique Committee of the USA, Inc, and them or their agents, representatives, and assigns for any and all injuries suffered by me at said Physique Contest. I further agree to have my participation in this competition videotaped and photographed and I hereby waive and release all rights to said videotapes and photographs to Beverly International for the exclusive use in the illustration and/or depiction of and concerning the sport of bodybuilding.

The undersigned consents and agrees that the undersigned will comply with all rules and regulations of the Hampton Inn including any rules prohibiting cooking or food preparation in the Hotel Rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the promoter from and against any damages caused by the undersigned to the Hampton Inn or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the Hampton Inn or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sponsored by the NPC.

\_\_\_\_\_  
(Competitor's Signature)

\_\_\_\_\_  
(Parent/Guardian if under 18 years old)

**BIO SHEET** (Please complete for emcee – return with your entry form)

Name: \_\_\_\_\_ Age: \_\_\_\_\_ City & State: \_\_\_\_\_

Occupation: \_\_\_\_\_

What are your hobbies? \_\_\_\_\_

Any noteworthy information about yourself such as overcoming any adversities, dedications, or NPC placings you have had in the past?

\_\_\_\_\_  
\_\_\_\_\_

**CHECKLIST**

1. Complete and sign entry form.
2. Crossover to Open Mens, Open Figure, or Open Bikini only (Crossovers must complete a separate entry and include an additional **\$50.00** entry fee.)
3. Mail signed entry form with \$50 (\$100 for crossovers) check or money order payable to:  
SANDY RIEDINGER  
1768 INDUSTRIAL RD  
COLD SPRING, KY 41076
4. Do not send money for NPC card with entry form. NPC cards will be available at check-in, Friday evening.
5. Order preferred seating tickets in advance. Call 800-781-3475